

The Heart of Prayer: Trust in Yahweh

Psalm 31:1-24

Introduction:

1. The Psalmist's Entreaty for Deliverance
(31:1c, 2b, 15b)
2. The Psalmist's Trust and Confidence Expressed
(31:1a, 3, 5, 6b, 14-15)
3. The Psalmist's Distress Detailed
(31:9-13)
4. The Psalmist's Exclamation of Praise
(31:19-22)
5. The Psalmist's Exhortation for All God's People to Love Yahweh (31:23-24)

Conclusion: Deliverance isn't always getting out of a tight spot or your life being saved, but it is always about freeing your heart from fear and distress.